

# Free Summer Meals for ALL Kids and Teens

**\*18 and younger\***



## Watkins Glen

**WG High School  
in the Cafeteria**

301 12th Street

**June 26 - August 17  
Monday-Friday**

Breakfast 7:30 - 8:30  
Lunch 11:00 - 12:30

\* No meals served on July 4th

**Clute/Lakeside Park  
at the Pavilion**

155 S. Clute Park Drive

**June 26 - July 28  
Monday-Friday**

Lunch 11:45 - 12:15  
Snack 4:00 - 4:15

\* No meals served on July 4th

## Odessa

**O-M High School  
in the Cafeteria**

300 College Avenue

**July 10 - August 4  
Monday-Friday**

Lunch 12:30 - 1:15  
Snack 4:15 - 4:30

**For up-to-date  
information on summer  
meals & enrichment  
programs, please call the  
2-1-1 HELPLINE by dialing  
2-1-1**

**(or 1-800-346-2211)**

**or**

**visit their website:**

**[www.211helpline.org](http://www.211helpline.org)**

## Reading Center

**Paradise Park  
in the Rec Room**

4150 Cross Road

**July 5 - August 3  
Monday-Thursday**

Lunch 11:30-12:00  
Snack 1:45-2:00

**Any Site,  
Any Time!**

- No application
- Drop-ins welcome

**\*\* Meals Must Be \*\*  
Eaten Onsite**

Bringing your child  
to a meal site? Ask us  
about parent meals.

**Questions?**

Call the Watkins Glen  
High School Cafeteria  
**607-535-3214**

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(1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or  
(3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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Schuyler County

Free Summer Meals for Kids

# Sample Menus

## Breakfast

Selection of cereals and granola bars with fruit selections including fresh fruit and 100% juice.

## Lunch

Selection of sandwiches, salads, yogurts, served with fruit and vegetable selections, including fresh fruit, veggies and 100% juice. All meals are served with milk.

For example:

String Cheese & Yogurt  
Baby Carrots w/ Ranch  
Orange  
Doritos  
Milk

Sandwich or Wrap w/  
Meat and Cheese  
Cucumber Slices w/  
Ranch  
Apple  
Milk

Peanut Butter and Jelly  
100% Juice  
Raisins  
Milk

## Snack

Kid friendly choices with various fruits, crackers, peanut butter and sometimes cheese.  
Typically served with tap water.